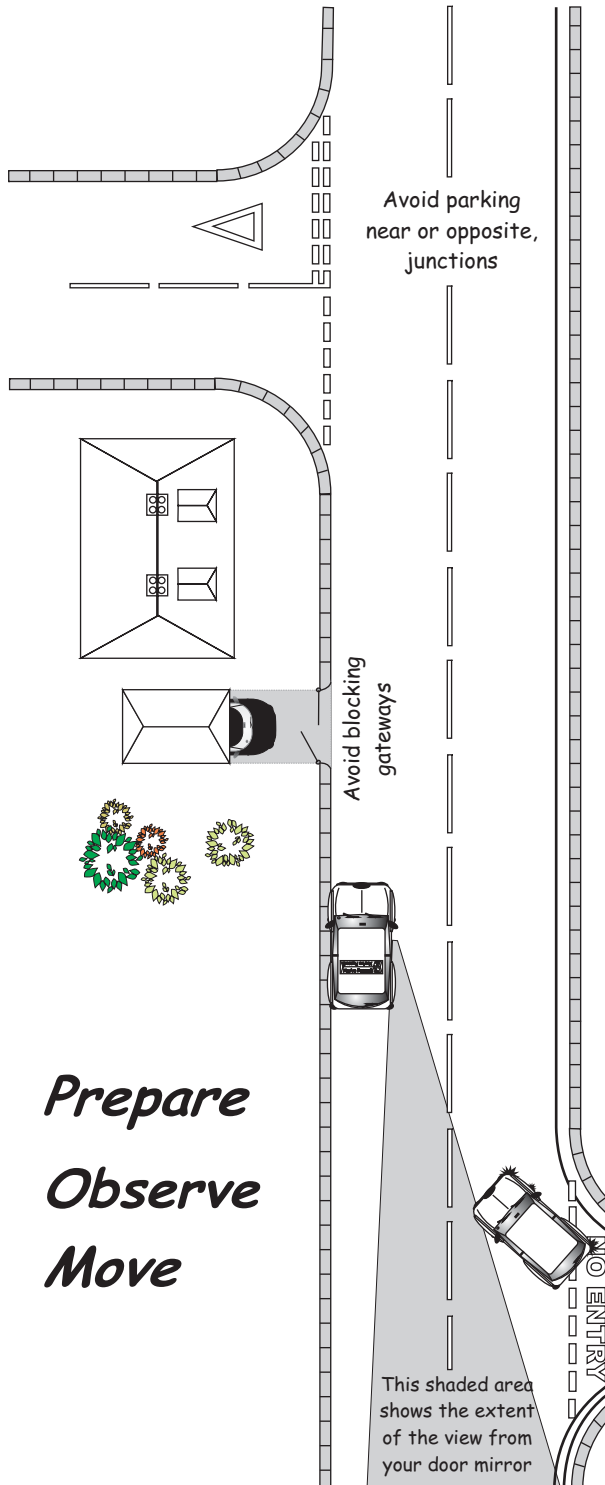


7. Moving off and stopping



There are simple routines to help you with all aspects of driving. Moving off and stopping is no exception. A routine you can use here is:

'Prepare - Observe - Move'.

When **preparing** the car, your first job is to start the engine. Take the safety precautions, checking handbrake and neutral first! Press the clutch pedal down and select first gear (keep the clutch pedal down at this point!) Set the gas by pressing the accelerator pedal to get a lively hum from the engine (this will ensure that the car has enough power to move without stalling). Finally, find, and hold, the biting point.

Make all-round **observation** by completing a 'six-point-check' using all your mirrors, checking the road ahead and your blind spots. Consider a signal, and, if it is safe, release the handbrake; bring the clutch up gently and move away steering slightly to the right to take up a safe position in the road.

The routine for stopping begins with observation. Check your mirrors and consider a signal. When it is safe to stop, press the footbrake gently, steer towards the kerb (looking well ahead as you do so) and press the clutch down just before the car stops.

Finally, secure the car by applying the handbrake and selecting neutral. Then relax!

